

Sei dabei!

Unser Kursplan



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SA**

19:00-20:30 Uhr | Aerial Yoga

10:00-11:00 Uhr | Personal Training
11:00-12:00 Uhr | Personal Training

11:00-12:00 Uhr | Personal Training
18:00-19:15 Uhr | Meditation
19:30-22:00 Uhr | Freies Training

09:45-10:45 Uhr | Yoga-Mix Alle Level
11:00-13:00 Uhr | Personal Training
18:00-19:00 Uhr | Yoga-Mix

11:00-12:00 Uhr | Personal Training
17:00-18:00 Uhr | Bungee All Level
18:15-19:15 Uhr | Aerialyoga

11:00-13.00 Uhr Einsteiger Aerialyoga
1x p.m.
11:00-13.30 Uhr Workshops